

DEAR PARTICIPANTS

Below are some practical information about the race. We recommend you to read it thoroughly and share with your teammates.

In addition to the letter of participation, you must know the content of www.yacs.dk.

Questions are asked at
yetiadsilkeborg@gmail.com

Best regards from the Organizers



GENERAL INFO

Equipment list, program and other info can be found on the website www.yacs.dk.

Questions asked by participants up to the race can be found on the website under Q & A.

CHECK IN AND FINISH AREA

Check in, delivery of TA bags, bus transport to start and finish area are all at Papirfabrikken. Check in takes place at Radisson Blu Hotel at Papirfabrikken

Participant parking and shower after the race takes place at Langsøskolen, Hejrevej 25, 8600 Silkeborg.

There will be access to Langsøskolen from Saturday at 7 am. It will be possible to sleep at the school after the race.

There is plenty of parking at Langsøskolen. Please do not park at the Papirfabrikken.

All teams must bring a completed declaration of responsibility for the check in. declaration of responsibility is attached to this mail. Fill in 1 per team.

At check in you receive Roadbook, numbers for MTB, stickers for TA bags and Race bib.

Roadbook can be handed to individuals. The roadbook will be posted on the website and facebook when the first option for check in opens.

There is hot food at the finish for all participants from 16.30-21. Our good partner Hotel Radisson serves and we can guarantee that it is delicious !!

SKILL CHECK

All teams must complete skill check (climbing activities) in order to be allowed to participate in YACS 2018. Skill check is done at Papirfabrikken. Each team has 20 minutes available. Teams may wish for a period at check in.

TA OPENING AND CLOSING TIMES

Teams who have NOT visited all CPs, AND who arrives before opening time of the given TA, must wait until opening time before they can continue.

Teams who have visited all CPs in correct order, can continue even though they arrive before opening time.

Teams must be sure to leave the TA before closing time, if necessary they must skip CP's

CUT OFF:

See the section on closing times for TAs.

Closing times for TA's serve as cut off times through the race. Be aware that not all stages are equally easy to make shorter, if you need to make short cuts.

THE COURSE

Food: The team is responsible for their own food. It is not allowed to post depots or get help from outside. Shopping in kiosks and the like is allowed as it is the same for everyone.

Registration at CPs and in TA takes place via electronic timing (SportIdent). One chip per team member.

Respect nature - we just borrow it!

You must ONLY cycle on paths indicated on the map. You are allowed to leave your mtb and run to the CPs if it is considered to be the best choice.

Private land, cultivated fields, fences and red-marked areas, etc. are out of bounds!

ALL waste has to be carried to the next TA. There will be trash cans in transition zones (TA)

Master teams will have GPS tracking and can be followed on our live site on the website.

THE MAP



Violet cross on roads, means that the travelling on these roads is prohibited.

Areas shaded with violet are forbidden to move in. Gray areas on the map means garden / private land. It is prohibited to move on areas marked with gray on the map.

Traffic in / on prohibited areas is penaltied with sit down penalty.

Repeated violations cause disqualification

The maps will mainly be of the above type of varying scale. From 1: 20.000 to 1: 40.000. Scale will be indicated on the map.

There will also be other types of maps of varying scale

THE WINNER

Teams are ordered using the following rules

Highest number of TA's

Highest number of CP's

Fastest time

CPs must be visited in numerical order.

RULES

It is expected that all participants are familiar with DARU's standard rules, which can be found here:

<http://ar-union.dk/Pages/Show/23>

Violation of the rules: Violations such as missing mandatory equipment, lack of use of safety equipment, and use of prohibited navigation equipment, help or maps and the like will be punished by disqualification. Other forms of cheating, eg traffic in prohibited areas and the like will be punished with sit down penalty.

EQUIPMENT

3 bags must be packed and handed in at Papirfabrikken before starting

Energy is allowed in these bags

Bag 1

- Bag for Inlines and related safety equipment
- The bag has to be carried by the team on one stage
- 1 bag pr team, max weight 25 kg

Bag 2

- Bag for kayak/canoe equipment
- **OBS. life west is also mandatory on swimming stages**
- 1 bag pr team, max weight 25 kg

Bag 3

- Bag for MTB, trekking and climbing equipment
- 1 bag pr team, max weight 25 kg

Kayak paddles

- Has to be tied together securely and marked clearly with team number

Canoe paddles

- Has to be tied together securely and marked clearly with team number

Life west is mandatory on swimming and paddling stages. You will not see your gear bags before you have to use your life west for the first time. So bring your life west to the start line.

On one trekking stage, a quite long trekking stage, you will have to punch a CP on a small island.

❖ Water depth between mainland and the island can be up to 2 meters, depending on your route choice. When we tested this part of the course, the course setter had to swim 10-15 meters. The coursesetter is 177 cm "tall"!

Life west is NOT mandatory on this stage. But you can choose to bring a floating device for this stage.

CONTACT

We have many volunteer helper. Give them a smile and a friendly remark. They do everything they can to give you a good experience.

In case of problems, please use the contact details below.

Contact person during the race:

Niels Witting for injury, emergencies, records, maps and route: **+45 4029 5453**

Information within the race, as well as alternate emergency number Anna Movin: **+45 4034 0861**



Racingdenmark

Visit  **Silkeborg**

SOK

Silkeborg Orienteringsklub

Radisson 

 **Event
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SUMMITS.DK