

YACS ARES 2018 - Master course - overview

Stage	Discipline	Distance	Expected fastest time	TA open/closing before stage	Gear bags in TA before stage	Services	Notes
Prologue	Trekking	4 km	30 min	--	--		Bring your inlines and swimming gear to the start
1	Trekking + Inlines + Swimming	46 km	4 hours	--	--		
2	Kayak	38 km	5 hours	TA1 10 pm - // (Thursday)	1. Inlines 2. Paddling 3. TrekMTB	Drinking water (cold)	In case of extremely bad weather alternative route will be shown in TA1
3	Rope	1 km	30 min	TA2 3 am - // (Friday)	2. Paddling 3. TrekMTB	Drinking water (cold) WC	
4	MTB + Rope	90 km	5 hours	TA2 3 am - // (Friday)	2. Paddling 3. TrekMTB	Drinking water (cold) WC	
5	Rope + Trekking	5 km	1 hour	TA3 8 am - // (Friday)	--	Drinking water (cold) WC	
6	MTB	60	3 hours	TA3 8 am - // (Friday)	--	Drinking water (cold) WC	
7	Trekking + Wading	38	6 hours	TA4 2 pm - 10 am (Friday - Saturday)	3. TrekMTB	Drinking water (cold) WC Shelter	
8	Inlines + Trekking	22	2 hours	TA 5 8 pm - 6 pm (Friday - Saturday)	1. Inlines	Drinking water (cold) WC Tent	Inline bag shall be carried to TA6
9	Canoe	33	6 hours	TA6 10 pm - 9 pm (Friday - Saturday)	2. Paddling		Drinking water available approx. 1 km into stage.
10	MTB	65	4 hours	TA7 4 am - 0 am (Saturday)	2. Paddling 3. TrekMTB	Drinking water (cold) WC	
Finish				// - 6 pm (Sunday)			